

BAYFRONT YOUTH & FAMILY SERVICES

ANNUAL REPORT

2021- 2022

FISCAL YEAR



TABLE OF CONTENTS

INTRODUCTION

Bayfront: Who We are	4
Board of Directors	5

FROM THE COMPANY

Message from the CEO	6
Message from the COO	8

OVERVIEW

A Higher Standard	9
Bayfront Best Practices	10

PROGRAMS & SERVICES

Wraparound Program	12
Therapeutic Behavioral Services	13
Intensive Field Capable Clinic Services	14
School Linked Program	15
Prevention & Early Intervention Program	16
Agency Trainings	17

TABLE OF CONTENTS (cont.)

STAFF RECOGNITION

Employee Highlight	18
---------------------------	----

FINANCES

Expense Report	19
-----------------------	----

DONORS & KEY STAFF

Our Supporters	20
Key Staff	21

WHO WE ARE

VISION

In 1999, a group of social workers and therapists based in the City of Long Beach took an interest to develop their own non-profit with the focus of providing comprehensive behavioral treatment programs for adolescents. Under the name H.V. Group Home, the program purpose was to provide an intensively structured residential facility for those adolescents aged 11 to 18 who had not been able to be treated in existing community care facilities within Los Angeles County.

"Changing lives is what we do!"

In 2001 Maryam Ribadu (current President/CEO) was promoted from Clinical Assistant to Administrator. While focusing on the completion of her MBA she was able to lead a team of dedicated employees with various backgrounds to help achieve the following goals and objectives:

- **To provide a safe, protective, nurturing, and home-like environment that maximizes the opportunity for the adolescent to resume a reasonable age-appropriate pursuit of development.**
- **To involve the caregivers and family, as well as social workers and probation officers, in the entire treatment process in order to help the adolescent maintain the gains achieved.**

In May 2006 H.V. Group Home contracted with L.A. County to provide Wraparound Services to those adolescents in Los Angeles County Service Planning Area (SPA) 8, encompassing Long Beach/South Bay. Since then our Outpatient Program, implemented by Cynthia Sarmiento, a licensed marriage and family therapist, has become a proven leader and exemplary provider of Outpatient Services.

In April 2009 H.V. Group Home changed its name to Bayfront Youth & Family Services and adapted a motto that best communicates our organization's mission – "Changing lives is what we do!"

As of October 2015, Bayfront Youth and Family Services has undergone programmatic restructuring to meet the current needs of the county with emphasis on outpatient, in-home and school-based care. Newly adapted program models have included foster family and adoption services for kids in need of a placement or forever home, as well as a transitional housing program for young adults (18+) who are in need of a step-down program from residential care to help them in their educational/vocational goals.

BOARD OF DIRECTORS

The Team



MARYAM RIBADU JENKINS

Chief Executive Officer

Maryam Ribadu Jenkins is the current President and C.E.O. of Bayfront Youth & Family Services. Outside of her work at Bayfront, she works as a lecturer at California State University, Long Beach's College of Business.



DR. CRAIG CHILDRESS, PSY.D.

Board Chairman

Dr. Childress is a licensed clinical psychologist in private practice specializing in child and family therapy. His primary specialty areas of practice are early childhood neurodevelopment and mental health, ADHD, parent-child conflict, and children and families in high-conflict divorce.



DR. CARLENE O. FIDER, PHD, CFLE

Board Vice Chair / Secretary

Dr. Fider is a family-life and human development educator and international speaker. With her background, she services, mentors, and facilitates growth in students completing degrees in Human Development, Counseling, Marital and Family Therapy, and Family Studies.



DR. NAKISHA CASTILLO, DMFT

Board Member - Treasurer

Dr. Castillo currently works as a clinical therapist with the severely mentally ill and homeless population. Dr. Castillo has had a broad spectrum of experience in the mental health field, working with children, families, and adults.



DR. HAWANI NEGUSSIE, ED.D.

Board Member

Hawani Negussie is an assistant professor of Early Childhood Education at Brandman University. Her research has been published with international journals focused on leadership and policy. Currently, she is the Chair of Committee on Diversity, AAUW Branch at Brandman University.



RANDOLPH J. HENNIGER, B.A.

Board Member

Mr. Henniger is a 40-year IT industry professional with experience leading multi-national Tech companies' growth and profitability. Mr. Henniger has led fund-raising and community outreach for the American Cancer Society, Colon Cancer Alliance, Great Comebacks and the United Ostomy Association of America.

BAYFRONT YOUTH & FAMILY SERVICES

MESSAGE FROM **THE CEO**

•
Maryam Ribadu Jenkins



Dear shareholders:

As we prepare this year's annual report to shareholders, the world is confronting one of the greatest health threats of a generation, one that profoundly impacts the global economy and all of its citizens. Our thoughts remain with the communities and individuals, including healthcare workers and first responders, most deeply hit by the COVID-19 crisis.

Throughout our history, Bayfront has built its reputation on being there for clients, customers and communities in the most critical times. This unprecedented environment is no different.

"We can and must continue to challenge the status quo."

- Maryam Ribadu Jenkins

Our actions during this global crisis are essential to keeping our Communities, Employees, and Families safe and will be remembered for years to come.

At Bayfront we are builders, dreamers and drivers. Here we have "freedom to create" within clear parameters of values, team and strategy. We encourage direct, honest and open discussion, benefiting from our diversity of background, lived experience, thought and perspective. We can and must continue to challenge the status quo. We care about one another and treat people fairly. We balance relentless drive with decency. A cornerstone of our culture is to "do the right thing". Combining our culture with a sound strategy will enable us to move mountains. Our culture gives us a solid platform from which to achieve great things for all our stakeholders.

My own time and thinking will not be only focused on productivity but also on COVID-19 and on how Bayfront can best play its role. I want you to know Bayfront will continue to do its part, and we won't stop looking for new opportunities to help.



MARYAM RIBADU JENKINS

Chief Executive Officer

MESSAGE FROM **THE COO**

♦
Cynthia Sarmiento



Dear shareholders:

Despite the mental health challenges that the pandemic has left on our communities, the dedication and resilience of the Bayfront team remains unwavering. The critical need for mental health services is alarming and Bayfront is responding.

Symptoms of depression and anxiety in youth and families are at an all-time high, and our outpatient staff continue to provide consistent, quality care to their clients. The collaborative efforts of all departments has resulted in Bayfront's ability to tackle this mental health crisis with full force.

Therapeutic, medication, rehabilitation, case management, and administrative services have gone uninterrupted. For this, I am truly proud and grateful to be a part of such a remarkable organization.

CYNTHIA SARMIENTO
Chief Operating Officer

A HIGHER STANDARD



CARF ACCREDITATION

In 2011, Bayfront was granted with the Intensive Family -Based Services and Family Services (children & adolescents) certification by The Commission on Accreditation of Rehabilitation Facilities (CARF).

CARF is a nonprofit organization that recognizes health and human providers worldwide as having met standards for quality of service. Achieving this accreditation demonstrates Bayfront's commitment to exceptional, personalized care.

PROMISE OF INCLUSIVITY

Since August of 2016, Bayfront has proudly participated in the Human Rights Campaign project, "All Children All Families" or ACAF-- A nationwide project promoting LGBTQ inclusive and affirming practices among many child welfare agencies.

As a result of Bayfront's continued efforts and going above and beyond in implementing LGBTQ inclusive and affirming practices, they were awarded with the highest level of recognition: Innovative Inclusion. Innovators not only implement LGBTQ inclusive practices, but also demonstrate leadership in areas like policy advocacy and organizational partnerships.



BAYFRONT BEST PRACTICES

Bayfront Youth & Family Services is a provider of quality healthcare for our community. What this means is that we provide evidence-based practices in order to treat our clients to the best of our abilities.

Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

Trauma focused cognitive behavioral therapy is an evidence-based psychotherapy or counselling that aims at addressing the needs of children and adolescents with post-traumatic stress disorder and other difficulties related to traumatic life events.

The goal of TF-CBT is to provide psychoeducation to both the child and the non-offending caregivers and help them to identify and cope with emotions, thoughts, and behaviors.

Research has shown TF-CBT to be effective in treating childhood PTSD and with children who have experienced traumatic events.



Individual Cognitive Behavioral Therapy (Ind-CBT)

Cognitive behavioral therapy is a psycho-social intervention that aims to improve mental health. CBT focuses on challenging and changing unhelpful cognitive distortions and behaviors, improving emotional regulation, and the development of personal coping strategies that target solving current problems.

Managing and Adapting Practice (MAP)

The MAP system is designed to improve the quality, efficiency, and outcomes of children's mental health services by giving clinicians easy access to the most current scientific information and by providing user friendly measurement tools and clinical protocols.

Using an online database, the system can suggest formal evidence-based programs or, alternatively, can provide detailed recommendations about discrete components of evidence-based treatments relevant to a specific youth's characteristics.

Whether services are delivered through existing evidence-based programs or assembled from components, the MAP system also adds a unifying evaluation framework that tracks outcomes and practices on a graphical "dashboard".



Other modalities commonly used with our clients include:

- Incredible Years (IY)
- Managing & Adapting Practice
- Seeking Safety (SS)
- Mind Matters (MM)
- Youth Mental Health First Aid (YMHFA)
- Psychological First Aid (PFA)
- Crisis Oriented Recovery Services (CORS)
- Love Notes



WRAPAROUND PROGRAM

The wraparound program is a 24-offered to strengthen and create a family -based permanency support to help children remain in their home.

This program also facilitates families a smooth transition from dependency on county -based systems of care to natural supports.

Service goals are designed based on the individual needs of the family and are worked on as a team.

Total Number of Clients Served: 94 clients

Average Length of Stay: 8.35 months

Total Graduations from the Program: 21 graduations

THERAPEUTIC & BEHAVIORAL SERVICES (TBS)

Total Program Hours Served:

1,727.36 hours

Total Number of Clients Served:

16 clients

Average Length of Stay:

6 months

Total Graduations from the Program:

11 graduations

TBS offers individualized short term and supplemental services to families that are designed to support and guide youth in resolving target behaviors that put them at a risk of needing a higher level of care. TBS Coaches can work with the child in the child's school, community or in home-based settings.





INTENSIVE FIELD CAPABLE CLINIC SERVICES (IFCCS)

The goal of IFCCS is to provide coordinated child and family team approach to service delivery by engaging and assessing children and their families' strengths and underlying needs to minimize psychiatric hospitalizations, placement disruptions, out-of-home placements and involvement with the juvenile justice system.

Services Provided

- Bio psychological assessment
- Individual and family treatment
- Medication support
- 24/7 mental health crisis intervention
- Community Outreach Services
- Client Supportive Services
- Specialized assessment and treatment interventions for co-occurring disorders

Total Number of Clients Served:

22 clients

Average Length of Stay:

11.18 months

Total Graduations from the Program:

6 graduations

SCHOOL-LINKED PROGRAM

In 2016, Bayfront entered into an agreement with the Compton Unified School District to provide mental health services to students.

These services are provided by the School Linked team and Therapeutic Behavioral Services team.

The goal of the School Linked program is to provide therapeutic support services to children and adolescents who struggle educationally due to emotional or behavioral problem identified in their home or school.

Total Program Hours Served: 5,700 hours

Total Number of Clients Served: 19 clients

Average Length of Stay: 6.25 months



PREVENTION & EARLY **INTERVENTION TRAINING**

Parents, Caregivers and/or children who are receiving other supportive services such as Wraparound and School Linked are eligible to receive this service.

Prevention and Early Intervention (PEI) focuses on evidence-based practices, education, support and outreach in order to help inform and identify those who may be affected by some level of mental health issues.





AGENCY TRAININGS

Bayfront's training program has continued to grow. Under the leadership of Bayfront's Director of Staff Development, Christopher Smith, trainings have been conducted for parents, professionals, social service agencies, and the local community. In addition to the menu of trainings already offered since the program's inception in 2015, Bayfront now provides Youth Mental Health First Aid as well.

Current courses offered include:

- AHA HeartSaver First Aid/CPR/AED
- American Safety and Health Institute
- CPR/AED/First Aid
- Basic Wraparound Training
- Basic Therapeutic Behavioral Services
- Basic Life Support
- DMH 4 -Step Model
- Flex Funds
- LGBTQ Competency (provided via Human Rights Campaign)
- Special Incident Reporting
- In-vivo Shadowing
- Plan of Care and Family Safety/Crisis Planning
- Pro-Act



EMPLOYEE HIGHLIGHT

Miguel Alvarez - IFCCS Clinician



Miguel came to Bayfront from the ground running. He was welcomed into the IFCCS team with open arms and fit right in with the team from day one. Miguel has had a calm demeanor about himself and has brought that to the team and with his clients as well. Miguel has always shown that he has gone above and beyond to help the clients working toward their goals in whatever interventions he can use that help attract the client to want to work harder and make themselves better people. (He even dressed up as a super hero per a client's request at graduation!)

Miguel came into this program with great prior experience and has used these skills to help client and caregivers achieve their goals. When we became very short staffed in the IFCCS program alone, Miguel handled many other job duties that were not required of him to be sure the families he was working with were not going without services or the attention they needed. He never once complained and was always willing to make his supervisor aware of any issues that arose as soon as they happened.

"We are thankful and blessed to have Miguel as part of our team here at Bayfront and will continue to be appreciative of his energy, efforts and warm smile he brings to our agency."

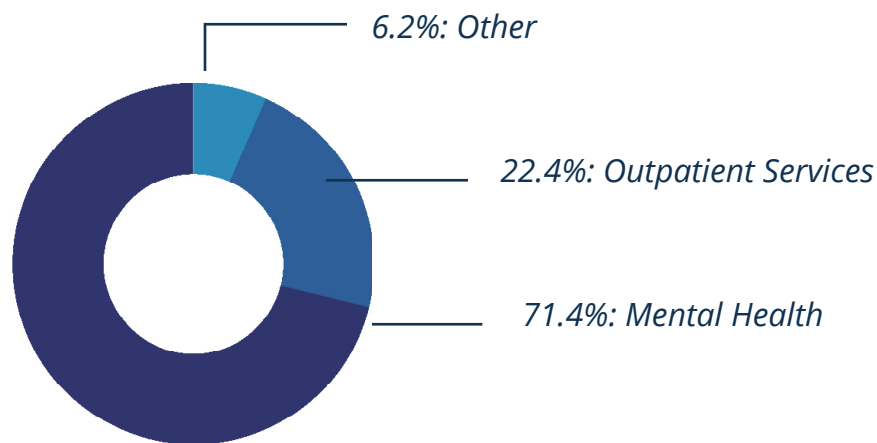
Even though Miguel started out in IFCCS, he has had his feet wet in almost every program Bayfront has to offer here. He has been trained in all programs and taken on a caseload to assist when we have been short staffed. He has always done this with a smile on his face and again that calm demeanor.

Miguel continues to meet with clients regularly and manages to fit in completing paperwork on time and handling crisis situations as they have arose. He has continued to be present for clients, CGs and other team members as needed. Thank you Miguel for your continued hard work, achievements with families and positive energy you bring to Bayfront. You truly are one of a kind and we appreciate you greatly for all you do for the staff and families you work with.

EXPENSE REPORT '21-'22 FISCAL YEAR

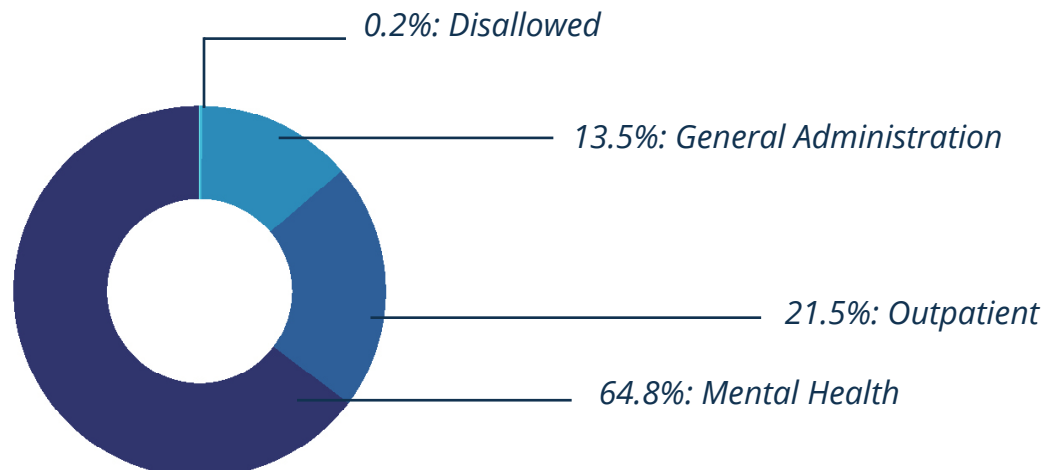
PROGRAM CONTRIBUTIONS

TOTAL \$3,961,947.17



PROGRAM EXPENSES

TOTAL \$3,848,137.10



OUR **SUPPORTERS**

We could not have done this without all the generous support from our corporate donors, annual donors and all the Community Festival Organizers who gave us the opportunity to raise funds for the children and families we serve.

Individual Donors:

Dr. Craig Childress
Dr. Carlene Fider
Mr. Randy Henniger

Dr. Hawani Negussie
Dr. Nakisha Castillo
Mrs. Maryam Ribadu Jenkins





THANK YOU!

BAYFRONT KEY STAFF

Director of Staff Development

Christopher Smith, MA

Director of Human Services

Cami Craig

Clinical Director

Krystal Mallory, M.S., L.M.F.T.

Programs Outreach/Project Director

Wendy Alvarado



CONTACT US!

Questions? Comments?
Suggestions?

We'd love to hear from you!

Visit our website at:
<https://bayfrontyfs.org/>

or contact any of our offices!



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